

PE Topic Descriptors for Year 7 and Year 8

Foundation Summary statement.

Pupils at foundation level can repeat isolated skills with limited levels of accuracy and can apply basic skills in a closed environment with some consistency. They can describe very basic tactics, sometimes knowing how to respond accordingly and are able to list basic rules. Through observation and questioning, they can identify a small number of strengths and weakness' in their own and others performances and can work effectively in a team. Foundation pupils understand the reasons for a warm up and the benefits of regular exercise. They have an individual and realistic target to aspire toward in all fitness tests.

Emerging Summary statement.

Pupils at emerging level can perform skills accurately and can apply it in a game/conditioned situation with some levels of consistency, fluency and control. They are starting to adapt learnt skills to influence a semi competitive game using basic knowledge of tactics and strategy, while accurately applying rules. They can identify a range of strengths and weakness' in their own and other performance and develop ideas to improve their own performance. They can deliver part of a simple warm-up and explain the health benefits of regular exercise. In the fitness tests they perform just below average in relation to the normative expectations.

Developing Summary Statement.

Pupils at developing level can accurately and consistently combine skills in a competitive environment with good levels of control. They have a large repertoire of skills that they can draw upon, can apply appropriate tactics and strategies and can officiate a semi-competitive scenario. Through observation they can analyse a range of strengths and weaknesses to improve their own and their peer's performance being able to offer appropriate guidance to develop performance. They will be able to lead basic drills and take a lead role during games. They can lead a comprehensive warm up showing a range of stretching techniques (dynamic/static). In the fitness tests they achieve fitness scores above normative expectations.

Secure Summary Statement

Pupils at secure level perform and combine advanced skills with precision and fluency in a competitive scenario. They show impeccable ability to adapt their technique to suit the needs of the changing environment and are able to exert significant control in a game situation. They can utilise advanced tactics in a highly competitive scenario knowing how to apply technically advanced rules. Through observation they can critically evaluate the strengths and weakness of their own and others performances. They take a lead role in both games and practise sessions and can lead a complex warm-up with a skill based element. They understand how training methods can improve specific fitness components and effectively implement a fitness training session. They consistently perform above expected normative fitness standards and achieve excellent scores in all of the fitness tests.