

AGSB SPORT

Half Term Review

Issue #03 – March 2023



MY TIME AT SALE SHARKS

My time at Sale Sharks has been exciting, thrilling and above all helpful for my rugby and how I play on the rugby field. With the best players in the area on the team, it gives that competitive edge to strive further and be better in, not only rugby, but in all fields, which ranges from academics to my personal life as well.

This is because the coaches don't just teach us rugby. They give talks on nutrition and diet, living a healthy lifestyle and on how to balance personal life, academic life and rugby life. This is particularly helpful as balancing everything together is especially difficult when exams are around the corner.

On balance, I have found my time at Sale Sharks Academy a more than surreal experience. The care the coaches and staff provide and the friendliness of the players match to make a great atmosphere to not only play in, but also to learn in.

Finlay S

Wednesday

29th

March

Old Boys Fixtures

Tuesday

21st

March

U16's Hockey travel to Millfield

Friday

7th

July

AGSB Golf Day



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FIVES



Val F took part in the Northern Schools Regional Fives Tournament at Durham University Fives Courts on February 4th.

Val competed in both the U16 and U18 categories, with him winning the U16 Gold Medal in the Singles.

He gave the eventual U18 Gold medallist a run for his money too (losing against him but scoring 12-10, 11-5).

He also won Bronze in the U18 Doubles, where he was randomly paired with someone from another school/club.

Massive congratulations to Val!

Further details and photos can be found on the official RFA website -

<https://therfa.uk/results-from-the-northern-schools-regionals/>



FOOTBALL

During the week before half term, our Year 9 Football Squad travelled to Barcelona on tour. We played three games against three local clubs of a really good standard but we played very well against the nice Spanish passing football, especially considering we played U16 teams. We had free time on the beach and in the city centre of Barcelona and enjoyed that a lot. We toured the famous Nou Camp Stadium which was also great.

Everything went smoothly and the fantastic efforts of staff and students made for a brilliant tour.

Special mentions to K Edwards, D Thwaites, J Bell and O Dempster for winning their respective awards at our final restaurant meal.

Cameron B



RUGBY

Earlier this year, five boys from our AGBS Y9 rugby team were put forwards to the Sale Sharks DPP trials (Angus S, Rory L, Charlie M, Sumed D and Louis P-W.) After not a great start to the season this was a brilliant way for us to improve and bring a drive to the team. The DPP trials consisted of three training sessions. The five boys selected knew this was a massive opportunity not to be missed and put their all into everything to get this spot. They knew as soon as they stepped a foot onto that pitch, they would put there all in battling for a spot in the Academy. The three training sessions were spaced across the winter months. Each training session was led by four academy coach at Sale Sharks as well as four other coaches who would sit in and out of sessions talking to players and making notes on each individual player. Each individual session was very productive with all sessions being of high intensity keeping players moving all the time. The staff were extremely welcoming and positive towards all players making each session a joy to attend. The drills were all well planned out and players learnt something new whilst attending each session, giving each player a wonderful time and a quality experience. Two weeks after the last trial the coaches had picked the players that had made the cut. The list of players who made the cut was send to all families with a child who attended the DPP trials. 4 of our 5 boys who attended the campaign has made it into the academy (Angus S, Charlie M, Rory L and Louis P-W.) All four players where extremely pleased to have made the cut. It was very unfortunate that Sumed was just shy of making it into the Academy, being one of the team's top players, but it is not something to dwell on as it is a great achievement to all boys to have gotten to the trials in the first place. The boys who made it are all extremely happy to have gotten where they are, but there is still work to be done!

Rory L



RUGBY-7s

This year's 7s season has been a bit of a wash out with many tournaments cancelled. Nevertheless, AGBS has experienced some success with the year 7s reaching the final of the bowl at the Audenshaw 7s, and the U18s winning the Shield final in the County 7s.

Well done to all involved and let's hope the tournaments that are yet to come are not affected by the weather!



INDOOR HOCKEY

After reaching the semi-final last year, there was a lot of determination and hope in the group this year in terms of what we thought we could achieve going into the competition.

We had our hardest two out of the three group games first, losing out twice 3-2 to both Ipswich and St George's College. Both games were very close and could have gone either way.

On another day, we could have seen ourselves with two wins instead and although the boys fought hard it was just not meant to be.

Despite being disappointed with our first two games, the team managed to bounce back and win the last group game against Yarm, finishing 3rd in the group.

We would then go on to win the 5th /6th playoff, beating Peter Symonds college 2-1 and securing 5th place in the country. Overall, 5th in the country is an amazing achievement, once again solidifying AGBS as a real force for indoor hockey and as the best team in the North.

Ted G

