

AGSB SPORT

Half Term Review

Issue 1 – Autumn 2022



A GREAT START TO THE SPORTS SEASON

Here at AGSB we are proud of the diverse nature of our sports program. We have a rich culture of sporting excellence, but we are not solely focused on the elite. We believe that every pupil matters and a strong sport for all culture is at the heart of this school.

To date, since September we have had over 80 fixtures across all sports, and we regularly offer over 60 hours of extra-curricular sport opportunities each week.

The Sports+ timetable is varied and gives all pupils the opportunity to get involved in sport and physical activity. There is a great balance between, participation and performance, allowing pupils to access sports for recreation and excellence.

Progression and improvement is ingrained into most of the extra-curricular activities here at AGSB allowing pupils to develop and enjoy their sport. Here at AGSB we like to work towards the three P's, Participation, Progress & Performance.

Over

80

Fixtures to date

60 hours

Of extra-curricular sport a week

54

sports teams



**AGSB
SPORT**

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KHO-KHO



Kho-Kho is a traditional Indian sport. It is the second most popular traditional tag game in the Indian subcontinent after kabaddi. Kho kho is played on a rectangular court with a central lane connecting two poles which are at either end of the court. The sport mainly develops a player's speed, agility and decisiveness, which are the three main elements that are required to master the game. The prime motive of the game is that one team has to send all the players of the

opponent's team out of the ground by chasing and tapping them out to win the play. At AGBS Kho-Kho has ran for the past 3 years. Over this period, we had organised an inter-school tournament, where we played 2 other schools: AGGS and SGS. This year we have organised Kho-Kho sessions that take place every Wednesday at lunch time in the Peel sports hall. These sessions are open to people of all year groups.



TOUR

As a student at AGBS I feel that sports tours are some of the best trips out there, and the team were especially excited to get going as this was the first post-covid trip. Coming up to tour I was so excited, first time abroad with school! And the tour was everything I expected it to be. The games were excellent, a nice easy one to ease us in and then two very close games against U15 teams, but great plays in all the fixtures.

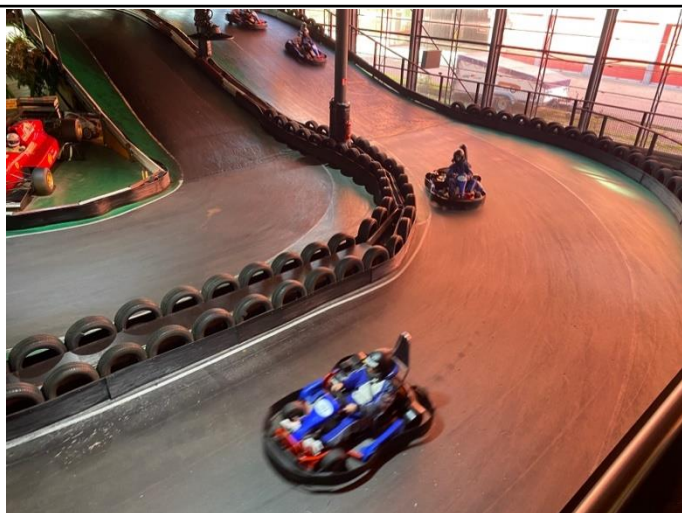
Although the games were good the atmosphere at the clubhouse after was even better. Whether we won or lost, everyone always had a smile on their face and had an awesome time. Even though it was a rugby tour, the number of activities and free time we were given was incredible, I think it is safe to say everyone enjoyed them.



TOUR

Personally, I made memories that will last forever and hope everyone else did too. I know it must take a great deal of hard work, preparation and planning to run the tour and want to thank all the teachers who helped.

Ethan C



COMPETITION PROGRESS

Our sports teams are progressing nicely in many cup competitions.

All three of our hockey squads are doing well in the county cup, with the U16 and U18 squads looking start their campaign in the national cup.

In Football, our 1st XI are currently in the last 64 in the country in the ESFA Cup and the quarter-finals of the GM Cup.

The U16s, U13s and U12s have all progressed into the 3rd round of the GM Cup, with both the U15s and U14s making the 3rd round of the GM plate.

The U15s rugby squad are progressing nicely in the National Bowl Competition with a fixture against Lymm coming up.

In tennis, our U13s team reached area finals losing narrowly to Calday GS. The U15s A Team have reached the regional finals, with our B Team being runners up.

Our U18s Glanville Cup Team were crowned 15th in country last year and we hope to even further this year come the summer term.



ELITE SPORT

Tennis Regional Finals in Sunderland

The U15s squad made up of Zach T, Joe S, Ronjay R, Seb M, beat Bolton School in area playoff to reach the North of England Finals in Sunderland.

We have high hopes for the squad and we wish them well, hopefully we can reach the National Finals!



AGSB SPORTING HEROES

Alex Volkovoy.

To date, he has qualified for a total of four annual national championships (the first being in 2019) - in which the top 25 in Britain are invited to participate - and has also competed in numerous county and regional events. The most recent national championships occurred during this summer - where he took part in the 1500m, 800m and 400m freestyle in the British section and 200m freestyle in the English section. He placed 6th, 10th and 11th respectively across Britain, and came 2nd in a very close final for the 200, please take a look at the live stream below.

<https://youtu.be/8vyDofWgrGA?t=2735>

Earlier this year, he was selected to participate in the Olympic trials, where he got the opportunity to meet and compete alongside British Olympians including Adam Peaty!

He is a participant of the DiSE program (Diploma in Sporting Excellence). Currently he trains 16 hours a week in preparation for the winter regional and national competitions. AGBS wish Alex well for the future and are excited to see where his swimming takes him.

Well Done Alex!

10	Luke Clegg	1:59.66
6	Elliot Sibley	1:57.93
3	Christian Duetoft	1:56.23
5	Matt Burrows	1:57.30
2	Alexander Volkovoy	1:55.49
1	Finley Allman	1:55.00
4	James Shevchenko	1:57.20
7	Josh Denholm	1:58.12
8	Tom McCabe	1:58.31
9	Maxwell Adams	1:58.64

