



Our Curriculum Aims:

Personal, social, health and economic education (PSHE) is a planned programme of learning through which young people acquire the knowledge, understanding and skills they need to lead happy, healthy and successful lives. As part of a whole school approach, PSHE education at AGSB is delivered once a fortnight in an academically rigorous and challenging learning environment, where pupils are encouraged to consider and reflect upon the issues that really matter to them as individuals, family members and as citizens of wider British society.

Young people are growing up in a rapidly changing world which is full of opportunities but also has many challenges. The PSHE curriculum provides them with skills needed to navigate the complexity of their teenage years and beyond. It is vital that young people fully understand the risks posed by drugs and alcohol, the responsibility they have when it comes to consent and their digital footprint, but also the changing nature of the relationships they might have and how they can support themselves and others in times of crisis.

As a department we believe that the PSHE curriculum promotes resilience and self-esteem and encourages our young people to take responsibility for their actions and to challenge prejudice and discrimination in all forms.

Key Stage Three Curriculum Overview

Year 7

	Name of topic	Key Content of the Topic	Assessment points
HT 1	Introduction to PSHE: Emotional and physical well-being	<ul style="list-style-type: none"> How to manage anxiety and stress Healthy lifestyles Sleep and wellbeing Mental Health Foundation's 'Peer Education Project' 	Wellness diary / action plan
HT 2	Drugs: focus on smoking and vaping	<ul style="list-style-type: none"> What is the difference between medicinal, social and illegal drugs? The dangers of smoking The potential benefits / risk factors associated with vaping Cannabis 	E-cigarettes research project / posters
HT 3	Bullying	<ul style="list-style-type: none"> Peer to peer abuse and bullying What can we do to keep ourselves safe? 	Bullying information booklet
HT 4	_____ Communities	<ul style="list-style-type: none"> My identity Prejudice and discrimination Challenging stereotypes Homophobia Sexism and misogyny 	Personal ancestry tree
HT 5	Relationships and sex education	<ul style="list-style-type: none"> Puberty – How our bodies, emotions and relationships change Menstruation 	Tampon tax research assignment / Student workbook

		<ul style="list-style-type: none"> Romance and relationships Choices around sex 	
HT 6	Managing money	<ul style="list-style-type: none"> The difference between credit and debit Spending habits and budgeting Accounts and online financial management 	7-day budget / evaluation

Year 8

	Name of topic	Key Content of the Topic	Assessment points
HT 1	Online safety	<ul style="list-style-type: none"> Your online reputation Social media and how to stay safe Cyber bullying and online grooming 	Student workbook
HT 2	Emotional Wellbeing and future plans	<ul style="list-style-type: none"> Resilience Teamwork and Communication skills Personal branding 	Resilience chart
HT 3	Drugs: focus on recreational drugs such as Cannabis and MDMA	<ul style="list-style-type: none"> Case study: Cannabis and MDMA Case study: New psychoactive substances What impact do such drugs have on individuals, relationships and wider society? 	Research the impact of Spice in the Greater Manchester area
HT 4	Parliamentary democracy	<ul style="list-style-type: none"> What is the House of Commons? The importance of parliamentary democracy How are MPs elected and what is their role? British values 	Profile of your local MP - Research project
HT 5	Risk and safety	<ul style="list-style-type: none"> Gambling First aid and CPR Knife crime 	Essay: 'Should skins gambling be illegal for under 18s?'
HT 6	Relationships and sex education: facts and feelings	<ul style="list-style-type: none"> What is contraception? STIs– facts and myths Case study: HIV and AIDS Safe sex and consent Positive and healthy relationships 	Contraception research presentations / Student workbook
HT 7	Alcohol	<ul style="list-style-type: none"> Attitudes to alcohol Unit guidance Risk factors and alcoholism 	PP – Risks and dangers of alcohol

Year 9

	Name of topic	Key Content of the Topic	Assessment points
HT 1 -	Young people and the law	<ul style="list-style-type: none"> • What is crime and justice? • The criminal justice system • Social Justice and social exclusion: BLM protests • Gangs and Knife crime 	Produce a multi-media analysis of the BLM protests – e.g. film, podcast etc
HT 2	Staying safe	<ul style="list-style-type: none"> • Drugs and the law • Staying safe at parties • Staying safe at festivals 	
HT 3 - 6	Relationships and sex education	<ul style="list-style-type: none"> • Healthy and respectful relationships • Marriage and the legal status of other long-term relationships • Sexual consent, street harassment and sexual assault • LGBTQ+ inequality • Gender identity • Coercive control and abusive relationships • Pornography – its impact on young people and their relationships • Sexting and the sharing of images 	Independent research record: blogs, articles, film and podcasts

Key Stage Four Curriculum Overview

Year 10

	Name of topic	Key Content of the Topic	Assessment points
HT 1	Alcohol and healthy choices	<ul style="list-style-type: none"> • Alcohol medical guidance and the law • Binge drinking 	Minimum alcohol pricing research project
HT 2	Being safe (part one)	<ul style="list-style-type: none"> • Forced marriage • Honour based violence • FGM 	Student workbook
HT 3	Ethical consumerism	<ul style="list-style-type: none"> • What does it mean to be an ethical consumer? • The human and environmental impact of 'fast fashion' • Food wastage and the rise of food banks • Black Friday and the impact of advertising 	Ethical consumerism essay

HT 4	Emotional wellbeing and mental health	<ul style="list-style-type: none"> Emotional wellbeing and mental health Dealing with stress Managing grief and bereavement 	Mental health school action plan
HT 5	Being safe (Part two)	<ul style="list-style-type: none"> Sexting/sharing of explicit images Pornography County lines 	County lines student workbook
HT 6	Relationships and Sex Education	<ul style="list-style-type: none"> Parenting skills and family life Different types of relationships and sexualities Contraception and STIs What makes 'good sex'? Safe sex and chem-sex 	STIs information leaflet
HT 7	Identity and community	<ul style="list-style-type: none"> Identity British values focus: <ul style="list-style-type: none"> Democracy The rule of law The tripartite system of UK democracy 	Self-directed study task on three British values

Year 11

	Name of topic	Key Content of the Topic	Assessment points
HT 1	Body image	<ul style="list-style-type: none"> Body image, men and the media Body shaming Clean eating and restrictive diets Eating disorders 	Eating disorder group projects / presentations
HT 2	Exam Stress and study skills	<ul style="list-style-type: none"> What are the symptoms and signs of stress? What can we do to cope with exam stress? Mindfulness and breathing exercises Exam preparation / study skills Sixth form transition 	Revision action plan / target setting
HT 3	Men's health	<ul style="list-style-type: none"> Testicular/ prostate/ penile cancer Skin cancer signs and symptoms Self-examination, screening and vaccinations 	Orchid charity poster and information booklet
HT 4-5	Extremism and radicalisation	<ul style="list-style-type: none"> Valuing diversity Understanding and preventing extremism Radicalisation 	
HT 6	NA	NA	GCSE exams